

**RACE DAY REGISTRATION:** Entry forms received on day of the event will be: \$35 includes a t-shirt (sizes not guaranteed).

# Accomplish a Feat with Your Feet

Join in the fifteenth annual Flight for Sight Fun Run & Walk, which will start at the District 751 Everett Union Hall. Participants have several options:

- ☀ 1 mile walk - non competitive
- ☀ 5K (3.1 miles) run/walk course is flat and easy
- ☀ 10K (6.2 miles) run only course (challenging)



# Where does the Money go?

Guide Dogs of America was founded by Machinists Union members. Its mission is to provide guide dogs and instruction in their use, free of charge, to blind and visually impaired individuals from the U.S. and Canada so that they may continue to pursue their goals with increased mobility and independence. For more information, visit [www.guidedogsofamerica.org](http://www.guidedogsofamerica.org). Guide Dogs of America is a 501(c)3 non-profit organization.



Here's how you can make a difference!

## 1. Raise Pledges

Set your goal. Talk to co-workers, neighbors, and relatives about sponsoring your walk or joining you in the walk. Make it fun by identifying your “pack” with signs, jackets, hats or clever costumes!

Make all checks payable to Guide Dogs of America

## 2. Turn in Pledges at the Walk

Try to do as much as possible before the walk. Turn in pledges at the walk/run. Any pledges you do not have by the day of the walk need to be gathered ASAP after the walk and mailed to: Flight for Sight, 9125 15th Pl S, Seattle, WA 98108.

### 3. Strut Your Stuff

Arrive at the District 751 Everett Union Hall for registration between 7:30 & 9 a.m. on Saturday, June 4th to sign up.

5K & 10K Run at 9:30 a.m.

1 Mile Walk at 9:45 a.m.

Arrive early to collect bib#, t-shirt and transponder chips.

Course closes at noon

## Form a PACK!

For extra fun, get your friends, families and co-workers together to form a team and walk/run together.

## Questions?

Call 206-764-0312 or 1-800-763-1301, ext. 3312 or visit  
our web page at [www.flightforsight.com](http://www.flightforsight.com)

# Flight for Sight Fun Run & Walk Pledge Form

**SPONSORS/PLEDGES - PLEASE PRE-PAY.** Make checks payable to: Guide Dogs of America. All donations are tax deductible. Hand in pledges on the day of the run/walk or mail them to: Flight for Sight, 9125 15th Pl S, Seattle WA 98108.

[illegible]

**NOTE: If you turn in \$30 or more in donations, event registration fee is waived. Prizes will be awarded to individuals with the top three dollar amount in pledges.**

Directions to:

## District 751 Everett Union Hall

8729 Airport Road, Everett, WA 98204

From I-5 (in Everett) take exit 189 (Mukilteo/Whidbey Island Ferry) heading West on Highway 526. Take the Airport Rd exit toward Paine Field. Turn left onto Airport Rd. Turn left onto Kasch Park Rd. Turn left into the Everett Union Hall parking lot.